

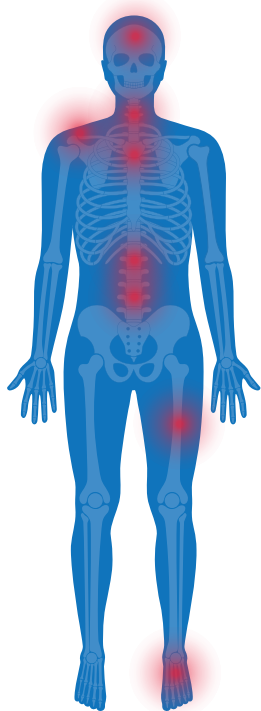
# YOU'RE IN PAIN NOW WHAT?

## DID YOU KNOW?

*MORE THAN 1 IN 2 ADULTS*  
in the U.S. suffer from  
musculoskeletal issues

## AM I EXPERIENCING MUSCULOSKELETAL PAIN?

Tightness, tingling, throbbing, jabbing, or progressive pain that affects the muscles, ligaments, tendons, and bones are signs of musculoskeletal pain.



## COMMON Musculoskeletal Conditions

- \* Headaches & Migraines
- \* Neck Pain
- \* Scoliosis
- \* Back Disc Problems
- \* Back Pain
- \* Accidents & Sports Injuries
- \* Sciatica
- \* Plantar Fasciitis

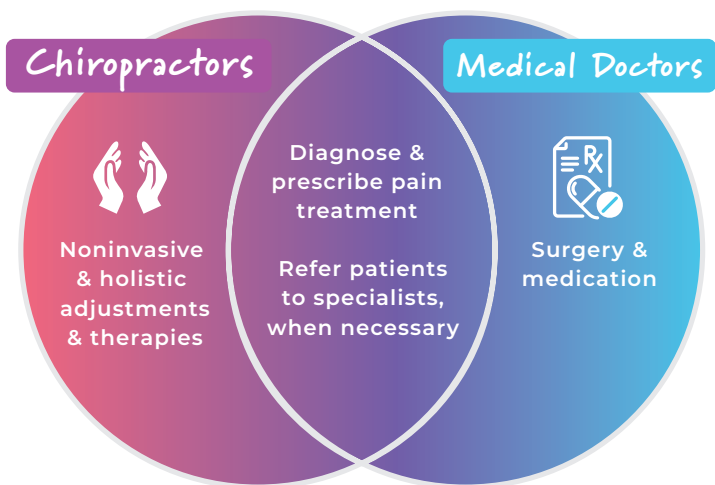


## Now, Who Do I See First?

As a first step, you can either see a medical doctor or chiropractor, as they both specialize in diagnosing musculoskeletal issues.

## CHOOSING THE RIGHT PAIN CARE PROFESSIONAL:

Once you receive your diagnosis, your medical doctor or chiropractor will either prescribe a treatment plan or, if appropriate, may refer you to another type of pain specialist.



## MUSCULOSKELETAL PAIN SPECIALISTS



**Chiropractors:** Provide non-surgical, drug-free adjustments & therapies.



**General Practitioners:** Diagnose illness, prescribe medication, assess your overall health, & connect you with a specialist if needed.



**Orthopaedists:** Perform surgery, set bones, cast fractures & breaks.



**Physical/Occupational Therapists:** Provide exercise-based care. Requires a referral for treatment.



## THE CHIRO ONE DIFFERENCE



Exceptional patient-centered chiropractic care is what you'll find at Chiro One Wellness Centers – every time. Our chiropractors specialize in relieving pain and improving overall health and wellness through a unique combination of gentle adjustments and active therapies. Discover why Chiro One patients feel better and live their best lives!



READY TO EXPLORE THE  
BENEFITS OF CHIROPRACTIC?

visit us at [chiroone.com](http://chiroone.com)  
or call us at **800-716-3936**